

COMMUNITY UPDATE

Castle Hill Fun Day

A big thank you to everyone who helped at the recent Fun Day. It was a great day, raising money for the Complex Rehab Ward at Castle Hill Hospital.



Get in touch

Free helpline 0808 800 2244
Local phone 07395 571398
hey@headwayhumber.org.uk
headwayhumber.org.uk

Advice & thanks

Citizens Advice debt line 01482 226859
General calls 03444 111 444
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A busy community day in support of local brain injury services



Thank you

Refreshments, stalls and donations helped raise money for the Complex Rehab Ward at Castle Hill Hospital. **Your support made the day a success.**

25th June 2026

Headway Hull & East Riding
45 Lowgate
Hull
East Yorkshire
HU1 1EN

Dear Wayne and Team

Re: Thank you for your generous contribution to our Ward Fun Day

I am writing on behalf of the entire ward to express our sincere gratitude for your wonderful contribution to our Fun Day last Saturday 20th of June.

Your generosity played a massive part in making the day a huge success for our ward. Thanks to your support, organising a successful stall for your organisation and all the hard work from your volunteers and colleagues made it possible to create a joyful, memorable event that brought the ward, their present and past patients and families closer together.

We truly appreciate your kindness and your commitment to supporting C1. It is community-minded organisations like yourself that help make these special events possible.

Thank you once again for your valuable support and contribution.

Many thanks



Ward Sister Lisa & All the Team
C1 Complex Rehab
Entrance 2
Castle Road
Cottingham
HU16 5JQ

Working in partnership:
Hull University Teaching Hospitals NHS Trust
Northern Lincolnshire and Goole NHS Foundation Trust

United by Compassion:
Driving for Excellence

July programme

Recruitment, governance and shared practice sessions for Headway colleagues

Join the [Network Learning Exchange](#) this July to build confidence, bring lived experience into leadership, and connect with colleagues facing similar challenges.

First sessions

2**JUL**

Recruiting for Lived Experience Insight

10:30 - 11:45

Learn from Peridot Partners on involving lived experience in board and senior recruitment.

[Book](#)**13****JUL**

Safer Recruitment Training

10:00 - 12:00

Practical guidance to help recruit staff and volunteers safely and consistently.

[Book](#)**14****JUL**

Fundraisers Networking Group

14:00 - 15:00

Share fundraising ideas, challenges and practical approaches across the network.

[Book](#)**14****JUL**

Community of Headway Trustees

15:30 - 16:30

Connect with trustees, share experiences and explore governance in a supportive space.

[Book](#)

More sessions continue on the next slide

Volunteering, partnership, induction and professional boundaries sessions are listed next

July programme continued

More ways to connect, learn and support those who rely on Headway

Upcoming sessions

15**JUL**

Volunteering Discussion Group

11:00 - 12:00

Discuss volunteering challenges, share ideas and explore new approaches together.

[Book](#)**16****JUL**

Together is Better Group

11:45 - 12:30

Strengthen partnerships and share insights with other Headway charities.

[Book](#)**17****JUL**

Inside the Headway Network: New Staff Induction

10:00 - 10:30

A welcoming introduction to the support, resources and connections available.

[Book](#)**23****JUL**

Managing Professional Boundaries Training

10:00 - 12:00

Build confidence in maintaining boundaries and responding appropriately in challenging situations.

[Book](#)

Designed with you in mind

Join the sessions that matter most to your role. If you have suggestions for future topics, [please share them with us here.](#)

Government admits PIP is not fit for purpose

Headway response to the Timms Review interim findings

Sir Stephen Timms says PIP is **not fit for purpose**, and the review found many claimants experience assessments as dehumanising.

For brain injury survivors, Headway says hidden, complex and fluctuating effects are often missed by assessors and assessment criteria.

Luke Griggs, Chief Executive
"The system is broken. The key question is how government will fix it."
Crude cuts would do more harm than good.

Why the current system fails people with brain injury

1

Brain injury is often hidden and fluctuating

Assessments can miss the day-to-day impact when symptoms change or are not visible.

2

Assessors need condition-specific understanding

Poor awareness of brain injury can lead to degrading, stressful and inconsistent experiences.

3

The right decision first time matters

Better decisions would reduce stress, delays and the cost of appeals and tribunals.

Next: Headway's reform priorities and Marco Gambi's experience

A fairer PIP system for brain injury survivors

Headway's submission calls for fair reform and access to essential support

What Headway is calling for

1

Mandatory brain injury training

All benefits assessors should understand the hidden, complex and fluctuating effects of brain injury.

2

Recognition of non-visible disability

Assessment criteria should better capture symptoms that are not obvious in a short appointment.

3

Decisions that are right first time

Fairer, more accurate decisions would reduce distress, appeals, tribunals and avoidable costs.

4

Transparent reform with experts

Any overhaul should be developed with charities and condition-specific specialists.

Marco Gambi's experience

After a life-changing brain injury, Marco spent two years appealing for PIP. He described the anguish of reconsideration, appeals and tribunal as "a lot".

Headway maintains that PIP remains essential for many brain injury survivors and that future reforms must protect the support people need to live independently. The final report is due later this year.



Headway Annual Awards

Nominate someone special for an individual award

There's just one month to go until nominations close for the **Headway Annual Awards 2026** – so now is the perfect time to recognise the people who make such a difference across our network.

Every year, the awards give us an opportunity to celebrate the extraordinary achievements of brain injury survivors, the dedication of carers and family members, and the commitment of the staff and volunteers who support them.

The stories we receive are always inspiring, moving and a powerful reminder of the impact made every day.

To help spread the word, we've put together a [highlights video](#) from previous awards, showcasing some of the incredible people and moments that made the event so special. We'd be grateful if you could share it through your channels and encourage nominations within your local community.

And while you're doing that, why not submit a nomination yourself?

Whether it's someone who has overcome enormous challenges after a brain injury, a volunteer who goes above and beyond, or a carer whose support has transformed someone's life, we want to hear their story so [please do nominate now!](#)

Put an outstanding person in the spotlight.



Annual Awards Wordsearch

Find the hidden words linked to Headway, nominations and celebration.

Can you find all 14 words?

Words may run forwards, backwards, up, down or diagonally.

N	T	V	V	L	L	U	H	G	R	K	Z	X
X	Q	T	Z	K	F	D	E	M	O	E	K	M
Y	L	I	M	A	F	C	R	G	V	P	S	I
R	S	F	N	G	W	E	O	Z	I	S	Q	N
C	R	I	K	K	H	A	N	U	V	N	T	S
H	E	A	D	W	A	Y	R	N	R	I	O	P
S	E	N	R	X	O	Q	K	D	U	A	D	I
Z	T	H	G	I	L	T	O	P	S	R	G	R
N	N	O	M	I	N	A	T	E	B	B	N	E
S	U	P	P	O	R	T	C	Y	M	T	T	R
M	L	Y	A	F	S	B	L	M	P	T	O	A
K	O	L	F	C	Q	L	E	K	C	O	Y	C
A	V	Q	B	V	P	P	N	S	W	D	A	V

Word bank

Headway
Awards
Nominate
Survivor
Carer
Volunteer
Family

Support
Courage
Inspire
Spotlight
Brain
Hero
Hull



World Cup Wordsearch

A football-themed puzzle for match-day minds.

Find all 14 hidden words

Words may run forwards, backwards, up, down or diagonally.

D	D	T	E	H	A	Y	T	P	O	B	W	I
L	T	M	S	E	T	R	U	F	F	H	A	N
M	P	C	R	Q	U	C	E	L	I	F	I	M
D	E	F	E	N	D	E	R	B	B	G	J	Q
T	F	Y	T	L	A	N	E	P	M	D	D	Q
U	S	F	R	C	E	I	T	R	O	P	H	Y
J	Y	O	O	N	G	B	X	T	E	B	W	P
V	W	X	P	K	C	D	R	E	L	F	A	U
O	N	O	P	G	C	N	N	A	X	A	E	O
F	J	K	U	M	U	I	D	A	T	S	O	R
Z	K	J	S	T	R	I	K	E	R	I	C	G
O	F	I	N	A	L	U	R	W	U	B	O	H
X	M	R	D	I	L	C	A	P	T	A	I	N

Word bank

World Cup

Goal

Kickoff

Penalty

Trophy

Stadium

Striker

Defender

Referee

Final

Group

Captain

Supporters

Celebration

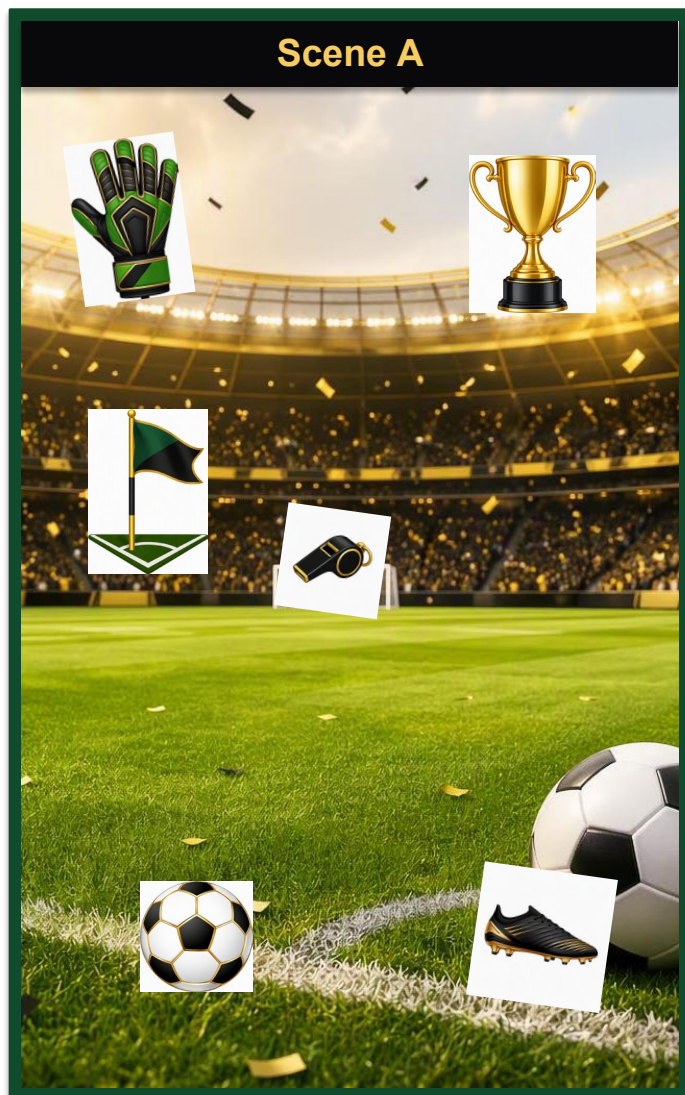


World Cup Spot the Difference

Compare the two scenes and find six changes.

Can you spot all 6 differences?

Look carefully at the football objects, positions and missing items.



World Cup challenge: circle the differences before checking the notes.



the brain injury association

Hull + East Riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.



improving life after brain injury

For Newsletter issues please contact Wayne at hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

Any images must be royalty free and shared with the permission of the subjects.

Headway HERO Diary

Headway Hangouts

Our Headway Hangouts will be held at The Danish Seamen's Church, Osborne Street, Hull, HU1 2PN unless another venue is stated

Wednesday 15 July 2026
6pm – 8pm

**Headway Hangouts
BBQ**

Friday 7th August 2026
1-3pm

Headway Hangouts

Wednesday 15 July 2026
6pm – 8pm

Headway Hangouts

Friday 7th August 2026
1-3pm

Headway Hangouts

Headway Hull + East Riding Needs You!

Could you make a pot of tea to share? Spend time talking with members? Help with publicity? Help with fund raising? Help run social events? Help signpost to local services? Produce the Newsletter?

We would love to hear from you. Just phone the local mobile number or email.

If you decide you no longer wish to receive the Newsletter by post, please let us know by phoning the local mobile number on the front page. Also, if you now have an email address and would like to be kept up-to-date with online sessions such as the Yoga, Webinars etc., please let us know so we can amend our records.

Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Hull + East Riding. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the committee members and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us.

Best Wishes

Headway Hull + East Riding Committee

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We are grateful to Williamsons Solicitors, who have sponsored the printing and postage of this Newsletter.