



the brain injury association

Headway

Hull + East Riding

WOW!

National FREE Helpline

0808 800 2244

local phone:
07395 571398email:
hey@headwayhumber.org.ukweb:
headwayhumber.org.ukfacebook:
/headwayhero
/headwayhumbertwitter:
@headwayhero
@headwayhumber

WOW!

Improving life after brain injury

Hancocks

Wickseys
Dry CleanersMarks & Spencer
BeverleyThe Corner
House Cafe

Lisa Jackson

WOW!

We are always grateful for all the help we receive but particularly during the pandemic when it was so difficult, and at times impossible, to meet or to raise funds. We endeavoured to keep in touch with members by phone, zoom meets and Newsletters and are delighted to be back enjoying meeting again, for events such as the Mad Hatters Tea Party, Jubilee BBQ, and raising funds for the new Complex Rehabilitation Ward at Castle Hill Hospital.

Staff and Customers of **Wickseys Dry Cleaners** and **The Corner House Café** have, between them, donated **£147.97**.

At the opening of the new Complex Rehabilitation Ward **Hancocks** donated goodies for us to sell and **Lisa Jackson** excelled with her delicious home-made, beautifully decorated cakes. They enabled us to raise **£147.80** for the ward to provide more equipment to aid recovery.

Customers of **Marks and Spencer, Beverley** dropped their change into our collecting boxes and donated a phenomenal **£1,703**. (added to the Xmas Raffle, M&S raised a total of **£1,884.50** over the last year)

THANK YOU hardly seems enough
but we are blown away by your kindness.

citizens
advice

HULL & EAST RIDING CITIZENS ADVICE

Telephone: 01482 226859 for specialist debt advice.

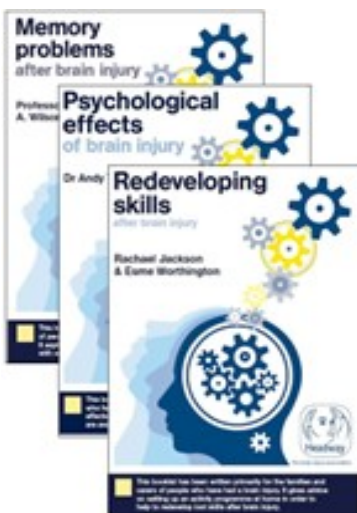
All other calls should be made to 03444 111 444 or email

e-advice@hull-east-ridingcab.org.UK

Official Opening Ward 1 Complex Rehabilitation Castle Hill Hospital Saturday 11 June



Ward Sister Lisa receiving two libraries of Headway Booklets donated to the Ward by John (in memory of Sue Kyle) and by Lesley (in memory of Brian Saunders).



Information library

Headway's range of e-booklets and factsheets cover many of the symptoms and practical issues associated with a brain injury – and are **FREE** to download from www.headway.org.uk/information-library

THE TRAINING IS OVER SO IT'S FINALLY TIME FOR JOHN, ADAM, KYLIE AND CHARLIE TO PUT ON THEIR BOOTS, PUT ONE FOOT IN FRONT OF THE OTHER

UNTIL THEY COMPLETE

YORKSHIRE THREE PEAKS CHALLENGE

25TH AND 26TH JULY

In Memory of Susan Kyle

Go to www.headway.org.uk, scroll down the home page to the "In Memory" square and click on the arrow . "Find a tribute:" enter "Susan Kyle" to read tributes, add your own and donate if you wish to sponsor John, Adam, Kylie and Charlie's effort to raise money for Headway in memory of Sue.

JUBILEE BBQ

Lovely weather, great food and company so busy cooking, eating and chatting we didn't take any photos.



Humber Bridge

Queens Gardens

Aren't they great?

Just two of the cards member Karar has produced from his original artwork. These pictures are created using hundreds of tiny dots of colour. He then used decoupage to add layers giving even more depth to each card.

Sorry these photos don't do justice to his wonderful skill.





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Hull + East Riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.

improving life after brain injury

For Newsletter issues please contact Lesley at hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

Any images must be royalty free and shared with the permission of the subjects.

Headway HERO Diary

All meetings at The Danish Seamen's Church, Osborne Street, Hull, HU1 2PN unless another venue is stated

Friday 1 July 1.00—3.00pm Social Coffee Meet

Wednesday 20 July 6.30—8.30pm Social Plus

Monday 25 & Tuesday 26 July Yorkshire Three Peaks

Friday 5 August 1.00—3pm Social Coffee Meet

Wednesday 17 August 6.30—8.30pm Social Plus

Friday 2 September 1.00—3.00pm Social Coffee Meet

Wednesday 21 September 6.30—8.30p, Social Plus

Sunday 2 October London Marathon

Friday 7 October 1.00—3.00pm Social Coffee Meet

Wednesday 19 October 6.30—8.30pm Social Plus

The Summer issue of Headway News 2022 is now out. We have copies at our Socials but you can download it from the national website www.headway.org.uk.



Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Hull + East Riding. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the committee members and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us.

Best Wishes

Headway Hull + East Riding Committee

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