



the brain injury association

September 2018

Headway Hull + East Riding News

Improving life after brain injury

New Website Launch!

National Free Helpline
0808 800 2244



@headwayhero
@headwayhumber



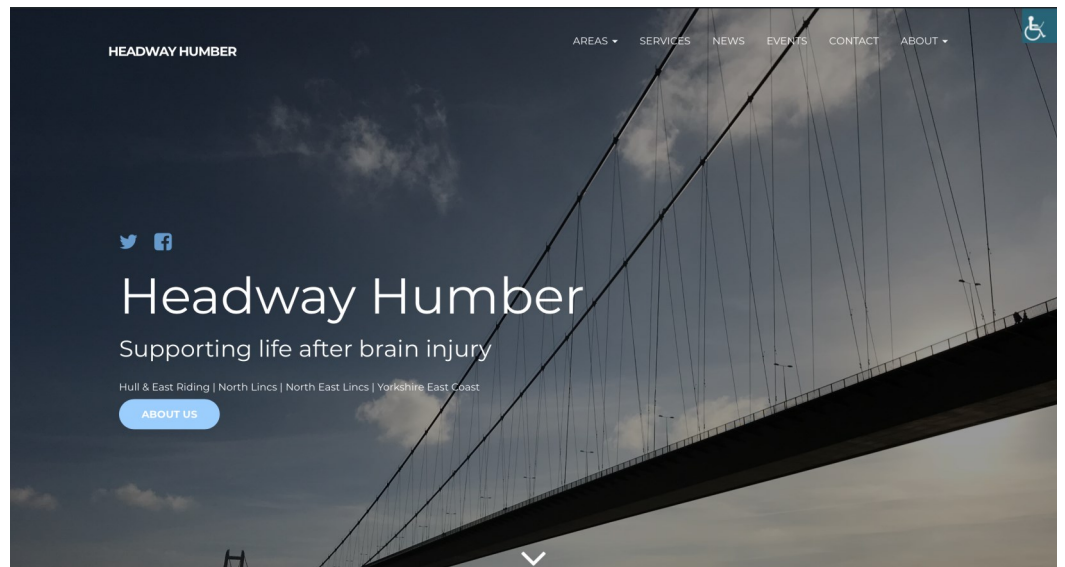
/headwayhero
/headwayhumber



web:
headwayhumber.org.uk



email:
hey@headwayhumber.org.uk



We are delighted to announce that the **Headway Humber** website is now live!

Our region is very fortunate to have four Headway branches within a relatively small area: Hull & East Riding, North Lincolnshire (Scunthorpe), North East Lincolnshire (Grimsby) and Yorkshire East Coast. Over the last couple of years, we have been exploring ways that we can work together to pool resources, share information and open up our events across the region. Headway Humber is the result.

Each branch will still retain its own identity and operate just as it does now, but through Headway Humber we'll be able to work more closely together to bring you more opportunities.

The Headway Humber website is now online at www.headwayhumber.org.uk

It has been in development for several months, and we hope you like it!

Over time, it will become a hub for news, support services and events across the whole region, so you can access it wherever you are.

Head over to the website now, or turn overleaf for a preview of some of the best features...

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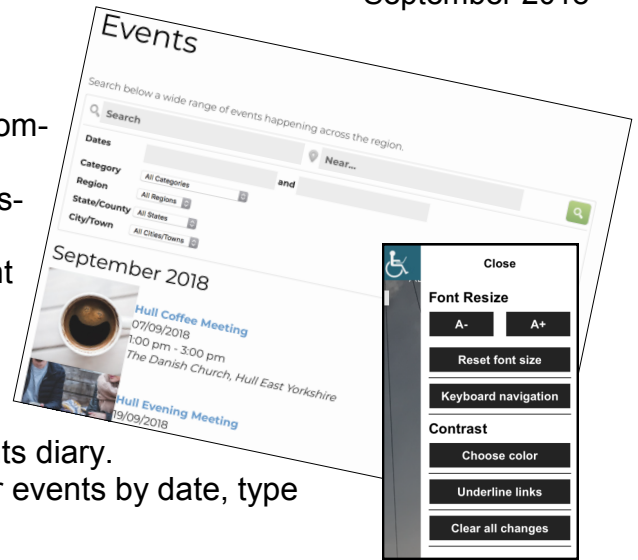
citizens
advice

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The new website looks great on any phone, tablet or computer. What's more, when using a desktop or laptop, in the top right hand corner of every page you'll see accessibility options. These make our website easier to read for those with vision problems. You can change the font size, make the website high contrast and more.

You can read news and discover services from across the region, or focus on your local area.

Never miss an event again with our powerful new events diary.



Hull Evening Meeting



Date/Time
Date(s) - 19/09/2018
6:00 pm - 8:15 pm
Location
The Danish Church
Categories
• Informative
• Social

ADD TO MY CALENDAR

Information

Come and spend the evening with our members – we talk about developments in the local area and give out important information to keep everyone updated. We often have laid back group activities such as quizzes, bingo and building challenges. We also have a number of varied speakers talking to us about brain injury and local services in the area. Of course there's always time to chat over a hot drink, so this is a great place to come if you need information and support. Our experienced committee members will be on hand

You can search for events by date, type or location.

If you find an event that you're interested in, click 'add to my calendar' – this will open up the calendar of your choice (iCalendar, Google Calendar etc) and fill in all the details for you. You can use your calendar to set a reminder.

You can also contact us through the website and find links to all the social media accounts for each branch.

Enjoy the new website—we'd love your feedback!

Action For Brain Injury Week 2019

Save the dates!!

Action for Brain Injury Week 2019 will run from 20-26th May 2019. This week of campaigning aims to raise awareness of brain injury, and give a voice to all those affected.

Hats for Headway Day will take place on Friday 24 May, and will provide a fun way for you to get brain involved and raise money for local Headway services!

The theme is yet to be released, but keep an eye on our social media pages and website for further information.

**ACTION FOR
BRAIN INJURY WEEK 2019
20-26 MAY**



Important Change in Contact Details

Please note that we have recently changed our email address to hey@headwayhumber.org.uk, so please get in touch with us via this address in the future. We will still check the old address for the time being, so if you have recently contacted us please don't worry we'll see your email.

Please also note that we are no longer able to offer direct telephone support as Lesley begins to reduce the many, many hours that she devotes to the branch. However, we're pleased to say that you can contact the national nurse-led helpline on **0808 800 2244**.

I'm Calling about Chris

Headway has launched an innovative new website named 'I'm calling about Chris'. This aims to support people in keeping family and friends updated on the condition of a loved one following brain injury.

Luke Griggs, Director of Communications, states "At Headway, we understand how difficult it can be to sit by the bedside of a loved one who is in critical care following a sudden brain acquired brain injury".



I'm calling
about Chris

I'm calling about Chris is an easy-to-use platform which allows you to create a page dedicated to your loved one, and post updates on their condition. This can even be done using your smartphone or tablet! These updates will then go to selected family and friends, and they can interact with your posts offering support.

To set up a page (for free!) or to find out more, please visit www.callingabout.org.uk.



Drop-In Clinics

This introduction of our drop-in clinics has been a huge success! The purpose of the drop-in is for you to come and chat to us about any help you might need. This can be accommodation, benefits, care or other things you might need advice about.

The service is be run by our committee members who will use their experience and expertise to try and offer help over a broad range of topics. If we can't help, we'll try and recommend someone that can.

The drop-in sessions run during our meetings at Danish Church which are usually held twice a month. Dates can be found in the diary on the back page. There is no need to make an appointment, please just pop in and see if we can help. There is no time limit to appointments, but we will need to make sure we see everyone waiting. There will always be a designated space to ensure your conversation is confidential.

If you have any questions about the service, please contact us or drop-in at the next meeting.





the brain injury association
hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
after brain injury



Headway HERO Diary

Friday 7th September 2018 1—3pm

Drop in for a coffee and a chat at our monthly coffee meeting at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Wednesday 19th September 2018 6—8.15pm

Join us for our evening get together at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Friday 5th October 2018 1—3pm

Drop in for a coffee and a chat at our monthly coffee meeting at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Wednesday 17th October 2018 6—8.15pm

Join us for our evening get together at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Friday 2nd November 2018 1—3pm

Drop in for a coffee and a chat at our monthly coffee meeting at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Wednesday 21st November 2018 6—8.15pm

Join us for our evening get together at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Sunday 25th November 2018

Come along to our Tombola at Coletta & Tyson Garden Centre! If you would like to donate any raffle prizes, please let us know. Look out for more information in the October newsletter.

Friday 7th December 2018 1—3pm

Drop in for a coffee and a chat at our monthly coffee meeting at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN

Wednesday 19th December 2018

Make sure you come along to our Christmas meal at the Goodfellowship Inn, Cottingham Road, Hull, HU5 4AT. Last year's meal was fantastic so look out for more information on how to book your place .

Headway Scunthorpe would like to welcome HERO members to attend their events, if you would like further information contact them directly on 07715212792 or at headwaynorthlincs@outlook.com



Christmas Cards on sale now!



The weather is unfortunately turning, which means Christmas must be nearing! Our Headway Christmas cards are now available to buy from the Headway UK online store, with 8 festive designs to choose from: <https://shop.headway.org.uk>