



the brain injury association



# HEADWAY

## Hull + East Riding

National FREE Helpline



**808 800 2244**



local phone:  
07395 571398



email:  
[hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)



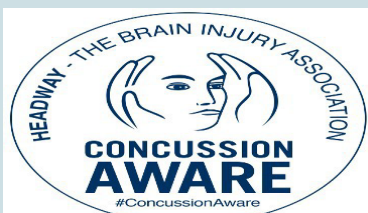
web:  
[headwayhumber.org.uk](http://headwayhumber.org.uk)



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<https://www.justgiving.com/page/headway-hull-and-east-riding>



**HULL & EAST RIDING  
CITIZENS ADVICE**

**Tel: 01482 226859 for specialist  
debt advice.**

**All other calls should be made  
to 03444 111 444 or email**

We are going paperless



We intend to make our Newsletters paperless to  
help save the planet 🌍

However, if you still want to opt in to a paper  
version can you please opt in by letting us know by:

- Email [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)
  - Text 07395 571398
  - Call 07395 571398

**WILLIAMSONS**  
SOLICITORS

Williamsons Solicitors  
Lowgate, Hull  
01482 323697

With Special Thanks to Williamsons Solicitors  
for sponsoring the production, printing and  
posting of this Newsletter .

## A WONDERFUL LEGACY

Photo shows Patsy Gill from Howden handing a cheque for **£655** to Dawn, committee member of Headway Hull + East Riding, the local branch of national charity, Headway the brain injury association.

Patsy's late husband, Don Gill, was well known in Howden. When he suffered a stroke Patsy was very grateful for the help and support from Headway and when he sadly passed away recently Patsy asked friends and family to make a donation to Headway in memory of Don.

Receiving the cheque on behalf of members, Dawn said a heartfelt thank you. "It's a wonderful thing when remembering a much loved man will also help other people in the future. This money will enable the branch to continue supporting both brain injured people and their families".





A huge thank you to Ineos Acetyls who have been fundraising and raised money for our local Headway. The following message was received

*"I am pleased to share with you that we have made a £1,000 payment to Hull & ER Headway. This is in recognition of a cycling challenge our team have completed. The challenge saw our team in Hull (with approx. 30 people) cycle more than 20,000km over the Tour De France period. This is an annual challenge the whole of INEOS does. One of our Hull teams which entered came in the top 10, out of 118 teams!*

*We hope this donation helps the local branch in its upcoming activities".*

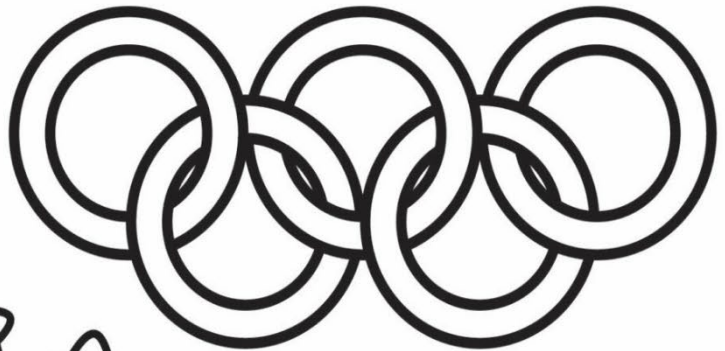
**INEOS**  
Acetyls



SUMMER OLYMPICS

PARIS

2024



# Paris Olympics 2024

S O M U G S P O R T S M A N S H I P I A  
 E D F F A I R P L A Y I S S N T S Y A T  
 U R O T V E P I M I H S N T S S N D T H  
 N A E S O A T U O N N E E A I O L E H L  
 E H E N U M I E A E E O C D M E P Z L E  
 V R E E Z D V E V A N D M E D A L S E T  
 E T E E O E A I S C A T R D R S N A T E  
 S A A P N N O I N O I E S E F I N P I S  
 D S O T N A L N R P C E C F L R N C C H  
 U E S H O V I B Y G O O N R I I E F S E  
 R I R H E S E M N S R F N A L F N T R O  
 O N E R T O Z I O D S O A N L E T O R S  
 T E E V I Y N I S V S S H C P F N L P G  
 E R T I R E O E L T R N O E R A E F G A  
 D I N N P N R T E M T T F R I E R S N L  
 H V U O I R B K T H I T S S P I T I I F  
 C E L L A I C O N T O R C H S E O D S L  
 H R O T U I I Y O N O I T I T E P M O C  
 S R V G T O T I R I P S M A E T G O L D  
 R T S R O T A T C E P S P C D P M D C P

Athletics

Torch

Sportsmanship

Bronze

Broadcast

Venues

Fair Play

Opening Ceremony

Paris

Competition

Records

Spectators

Flags

Closing

Stade de France

Gold

Athletes

Tickets

Podium

Medals

Seine River

Silver

Volunteers

Events

Team Spirit



the brain injury association

Hull + East Riding

#### About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.



### improving life after brain injury

For Newsletter issues please contact Wayne at [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

*Any images must be royalty free and shared with the permission of the subjects.*

## Headway HERO Diary

### Headway Hangouts

**Our Headway Hangouts will be held at The Danish Seamen's Church, Osborne Street, Hull, HU1 2PN unless another venue is stated**

Wednesday, 21<sup>st</sup> August  
6.00pm – 8.00pm

**Headway Hangouts**

Friday, 6<sup>th</sup> September  
1.00pm – 3.00pm

**Headway Hangouts**

Wednesday, 18<sup>th</sup> September  
6.00pm – 8.00pm

**Headway Hangouts**

Friday, 4<sup>th</sup> October  
1.00pm – 3.00pm

**Headway Hangouts**

Headway Hull + East Riding Needs You!

Could you make a pot of tea to share? Spend time talking with members? Help with publicity? Help with fund raising? Help run social events? Help signpost to local services? Produce the Newsletter?

We would love to hear from you. Just phone the local mobile number or email.

If you decide you no longer wish to receive the Newsletter by post, please let us know by phoning the local mobile number on the front page. Also, if you now have an email address and would like to be kept up-to-date with online sessions such as the Yoga, Webinars etc., please let us know so we can amend our records.

### Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Hull + East Riding. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the committee members and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us.

#### **Best Wishes**

**Headway Hull + East Riding Committee**

#### **Follow Headway Hull + East Riding on:**

twitter: @headwayhero @headwayhumber  
facebook: /headwayhero /headwayhumber

We are grateful to Williamsons Solicitors, who have sponsored the printing and postage of this Newsletter.