



Headway  
the brain injury association

# Headway

## Hull + East Riding News

National FREE Helpline

0808 800 2244

### Improving life after brain injury

### *Season's Greetings*



Great to be able to re-start our face to face meetings—albeit with all the current COVID safety in place. We made Christmas Cards and Scandinavian Heart baskets at our November evening meet.



local phone:  
07395 571398



email:  
hey@headwayhumber.org.uk



web:  
headwayhumber.org.uk



facebook:  
/headwayhero  
/headwayhumber



twitter:  
@headwayhero  
@headwayhumber

The December evening meet will take the form of our AGM followed by a Christmas themed buffet. Please let John know if you are able to come so that we can get the catering planned (07395 571398).

We have a supply of face masks if you need some.



### HULL & EAST RIDING CITIZENS ADVICE

Telephone: 01482 226859 for specialist debt advice.

All other calls should be made to 03444 111 444 or email

e-advice@hull-east-ridingcab.org.UK





Chris (centre) has spent lockdown making Christmas Decorations. Here's a few of them, on sale at recent Craft Fairs in Cottingham, Hedon and Skirlaugh. Brilliant! Thanks Chris.

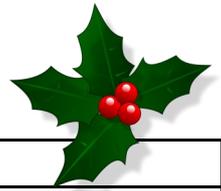


**Answers to Panto Quiz on page 3**

1. Jack and the Beanstalk
2. Dick Whittington
3. Jasmine
4. Buttons
5. Belle
6. Tinker Bell
7. 100 years
8. He smells the blood of an Englishman
9. Babes in the Wood
10. Widow Twankey
11. Sleeping Beauty
12. Principal boy
13. Dick Whittington
14. Germany (by the Brothers Grimm)
15. Baron Hard-up
16. Mother Goose
17. Peter Pan
18. Joseph Grimaldi
19. A pumpkin
20. Sleeping Beauty
21. "Who's the Fairest of Them All."
22. Christopher Biggins
23. The Snow Queen
24. Hansel and Gretel



# PANTOMIME QUIZ



1	Dame Trott is a main character in which pantomime?	
2	King Rat is a traditional character and the main antagonist in which pantomime?	
3	What is the name of the princess that marries Aladin?	
4	Who was the male servant in Cinderella's household, who helps and loves Cinderella?	
5	Who does the Beast fall in love with in Beauty and the Beast?	
6	What is the name of the fairy in Peter Pan?	
7	How many years should Sleeping Beauty sleep for unless her spell is broken?	
8	What does the giant in Jack and the Beanstalk smell after crying "Fee, fie, fo, fum"?	
9	In which popular pantomime does Maid Marian appear?	
10	What is the name of Aladdin's mother?	
11	Which panto may also be known by the name "Little Briar Rose"?	
12	What title is given to the leading male role in a pantomime, usually played by a woman?	
13	Which pantomime character marries Alice Fitzwarren?	
14	The story of "Snow White" was first published in the 19th-century in which country?	
15	What is the name of Cinderella's Father?	
16	The earliest mention of which panto character dates back to 1650 in France, when Jean Loret mentioned her in his book "La Muse Historique"?	
17	Mr. Smee is a character in which pantomime?	
18	Who made his stage debut in 1780 and became best known for his development of the modern day white-face clown which was popular in many pantomimes?	
19	What does Cinderella's Fairy Godmother turn into a coach?	
20	Who is Princess Aurora also known as?	
21	Complete the line: "Mirror, mirror on the wall...?"	
22	Who in 2017, received the Lifetime Achievement award at The Great British Pantomime Awards?	
23	Which panto centres on the struggle between good and evil as experienced by Gerda and her friend, Kai?	
24	A witch living in a gingerbread house features in which panto?	

Answers on Page 2



**It's still a good idea to take care of yourself, especially if you are now going out after many months in isolation. Nobody wants to catch COVID**

**WASH HANDS**

Keep washing your hands regularly

**COVER FACE**

Wear a face covering in enclosed spaces

**MAKE SPACE**

Stay at least 2 metres apart—or 1 metre with a face covering or other precautions





the brain injury association

Hull + East Riding

#### About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.

**improving life  
after brain injury**

For Newsletter issues please contact Lesley at [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

*Any images must be royalty free and shared with the permission of the subjects.*



## Headway HERO Diary



**All meetings at The Danish Seaman's Church, Osborne Street, Hull, HU1 2PN unless another venue is stated**

<b>Friday 3 December 1.00—3.00pm</b>	Social Coffee Meet
<b>Wednesday 15 December 6.30—8.30pm</b>	AGM & Xmas Party Refreshments
<b>Friday 7 January 2022 1.00—3.00pm</b>	Social Coffee Meet
<b>Wednesday 19 January 6.30-8.30pm</b>	Guest to be announced
<b>Thursday 27 January 1.30-4.30pm</b>	University of Hull with Psychology students
<b>Friday 4 February 1.00—3.00pm</b>	Social Coffee Meet
<b>Wednesday 16 February 6.30—8.30pm</b>	Guest to be announced

**Do you have any skills (and some time) that you could volunteer to help run Headway Hull + East Riding? Please contact John or Lesley if you can help.**

**If you are happy to share your Brain Injury journey, the psychology students at University of Hull would like to hear it. This is such a worthwhile afternoon and will help the students to understand how a Brain Injury doesn't just affect one person but everyone around them. Please let John or Lesley know if you feel able to come.**

## Recordings of Headway Webinars and Awareness Raising videos

The link below takes you to the YouTube recordings of the Headway Webinars and Awareness Raising Videos that we thought you might like to view if you missed them.

[Headway - the brain injury association - YouTube](#)

### Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Hull + East Riding. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the committee members and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us.

### **Best Wishes**

### **Headway Hull + East Riding Committee**

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