



Headway
the brain injury association

Headway

Hull + East Riding News

Improving life after brain injury

A LIFE OF LOCKDOWN?



**ACTION FOR
BRAIN INJURY WEEK 2021**

17-23 MAY

National Free Helpline

0808 800 2244



twitter:

@headwayhero
@headwayhumber



facebook:

/headwayhero
/headwayhumber



web:

headwayhero.org.uk



email:

hey@headwayhumber.org.uk



local phone:

07395571398

HATS FOR HEADWAY
FRIDAY 21ST MAY

TEXT HFHW TO 70085 TO DONATE £2
Texts cost £2 plus one standard rate message

Once a year at the end of Action for Brain Injury (ABI) Week, our supporters come together to help us improve life after brain injury, by donning their wackiest hats. All you have to do to get involved is wear your hat with pride, donate £2 to Headway and post a picture on social media using the hashtag [#HatsForHeadway](https://www.instagram.com/hashtag/HatsForHeadway) to show your support.

By posting your picture you will also be automatically entered into our competition of 'Best Individual Photo' and 'Best Group Photo'! Every silly hat equals more funding towards our vital support for those affected by brain injury.

Text HFHW to 70085 to donate £2

Texts cost £2 plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone. If you'd like to give £2 but do not wish to receive marketing communications, text HFHWNOINFO to 70085.

Download our campaign poster using the related resources section on the national website. If you have any questions please contact the fundraising team on fundraising.admin@headway.org.uk or 0115 924 0800.

Hats for Headway Day 2021 is kindly sponsored by: active care group



HULL & EAST RIDING CITIZENS ADVICE

Telephone: 01482 226859 for specialist debt advice.

All other calls should be made to 03444 111 444 or email

e-advice@hull-east-ridingcab.org.uk



Raising Awareness at NHS
 ↓ Health EXPO ↓



↑
 Open Day at Ward 29
 Staff receiving cheque from Sue and Lesley.

Sue (behind the Tom-bola Prizes!) ↑

We are very sad to announce the passing of Sue Kyle. Any of you who have come to local Headway social gatherings / fundraising events / Brain Injury Awareness Trainings etc. are likely to have met Sue and John.

Sue 65 was born with asthma and developed epilepsy in her teens. Later in life brain surgery did reduce the frequency and severity of seizures but unfortunately, one of the side effects of surgery was to adversely affect her short-term memory which can lead to major frustration at times. Like so many of you, she had to gradually relearn the everyday things we take for granted.

She also developed COPD but none of her health issues limited her zest for life or consideration for other people.

She has been a wonderful support for Headway, especially for our members, making everyone feel welcome. Her kindness made everyone who met her feel special.

As for fund raising, well, Sue and husband John made a brilliant team. They made local businesses aware of the effects of brain injury and through the generous donation of prizes enabled Headway Hull + East Riding to continue supporting not only those of you with brain injury but families and carers too.

In 2018 Sue was voted national Headway Volunteer of the Year. She and John enjoyed a weekend in London and attended the Presentation Luncheon at The Dorchester Hotel. After watching a short video about her, it was announced that Sue had won the award and the entire ballroom gave her a standing ovation—the first time this has ever happened at this annual event.

Around 3 years ago, having battled so many health problems over the years, she was diagnosed with terminal lung cancer. Immunotherapy gifted us her company for this extra time together although COVID-19 restrictions meant that she was shielding so recent contact was via zoom meets and telephone. Over the Easter weekend she was overwhelmed by the cancer. On the afternoon of Thursday, 22 April, Sue died at home, where she wanted to be, with John by her side holding her hand. She was pain free and peacefully, quietly, slipped away.

We will miss her but remember her with a smile.



Name: _____

Date: _____

SPORTS WORD SEARCH



P S V B A C Y C L I N G S
S K U O O T M G G O L F W
O I C X L A H N T H T W I
C I R I P L B L C P E E M
C N I N H T E O E M N U M
E G C G H K C Y Y T N B I
R J K L N T D T B W I E N
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U F T F O O T B A L L L S
R U G B Y B A S E B A L L
G Y M N A S T I C S R X K
B A S K E T B A L L T O B

ICE HOCKEY
FOOTBALL
SOCCER
SWIMMING

TENNIS
ATHLETICS
GYMNASTICS
CRICKET

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VOLLEYBALL

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SKIING
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WASH HANDS

Keep washing your hands regularly

COVER FACE

Wear a face covering in enclosed spaces

MAKE SPACE

Stay at least 2 metres apart—or 1 metre with a face covering or other precautions



the brain injury association

Hull + East Riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.

**improving life
after brain injury**

For Newsletter issues please contact Lesley at hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

Any images must be royalty free and shared with the permission of the subjects.

Headway HERO Diary

Hi Everyone, our Headway Social is FRIDAY EVENING at 6pm on 21 MAY, we do hope you can make it! WEAR A HAT FOR HEADWAY!!!

To join the Zoom Meeting, make a note of the Passcode. Then click the blue link below, enter the passcode when prompted. You will then be asked to wait a moment while the host lets you into the meeting. Once you are let into the meeting you will need to click the camera and microphone symbols so you can be seen and heard

To Join the Zoom Social meeting click the blue link below at 6pm on FRIDAY 21 MAY

<https://zoom.us/j/5161668296?pwd=all5REF1RIFpTXZIR2o0dk1kZnFWdz09>

Meeting ID: 516 166 8296

Passcode: 09kpKB

For more information on how to use zoom: see below

You can access zoom via mobile phone, ipad, tablet, computer and laptop so long as you have an internet connection. See attached Zoom Instruction document or click the blue hyper-link below for an **Easy Guide to using Zoom, Face Time, etc Oct 2020**

<https://www.thera.co.uk/contact/coronavirus/thera-connex/easy-read-resources/>

If you have any difficulty logging on please call or text the main Headway Hull mobile number : 07395571398 or alternatively email us at: hey@headwayhumber and we will do our best to talk you through it.

If you are not able to communicate on Zoom but would like a support call do let us know and we will arrange for one of the committee to contact you.

Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Hull + East Riding. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the committee members and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us.

Best Wishes

Headway Hull + East Riding Committee

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