



the brain injury association

# Headway

## Hull + East Riding News

Improving life after brain injury

Personal Independence Payment - PIP  
**DWP** Department for Work and Pensions



## DWP announces change to Personal Independence Payment assessment guidance

Following a landmark legal case, the Department for Work and Pensions (DWP) updated its guidance issued to Personal Independence Payment (PIP) assessors to determine the definition of “social support” when engaging with other people face to face.

Under the rules, PIP assessors determine whether someone needs “prompting” to engage with other people or they need “social support”. The two categories receive different point scores.

The legal case, heard in the Supreme Court, challenged the narrow definition of “social support”. The judges ruled that the interpretation of “social support” could be broader than originally thought.

**The change means that some people who were ineligible for PIP may now be eligible and some who received only the standard rate of PIP may now be eligible for the enhanced rate.**

**The DWP say they are undertaking a review of cases but are yet to finalise the framework to conduct those reviews. They have issued a set of frequently asked questions to help.**

You should seek independent advice to check whether you are able to receive a higher rate of PIP or make a new application under the updated rules. You may be able to get advice from [Citizens Advice](#), [Advice UK](#) or the [Law Centre Network](#) as to whether you qualify.

National Free Helpline

0808 800 2244



twitter:



facebook:

/headwayhero  
/headwaynumber

web:

headwayhero.org.uk



email:

hey@headwaynumber

local phone:  
07395571398

**citizens  
advice**

Glorious autumn colour. In the sunshine this Japanese Maple positively glows.



**HULL & EAST RIDING CITIZENS ADVICE**

**Telephone: 01482 226859 for specialist debt advice.**

**All other calls should be made to 03444 111 444 or email**

**e-advice@hull-east ridingcab.org.UK**

## Christmas Cards

All cards sold in packs of 10.



These cards are kindly sponsored by brain injury specialists Bolt Burdon Kemp, so all proceeds will go directly to supporting brain injury survivors, their families and carers.



Donkey Nativity



Cosy Penguins



Snowman Trio



(All cards are 15cm x 15cm)



HOPPY CHRISTMAS



Winter Hedgehog



Round of Robins



Special Delivery

To place your order call 0115 924 0800 or order online at [shop.Headway.org.uk](http://shop.Headway.org.uk)

Over the phone you will need to provide your name and full address, including post code

◆ Indicate how many packs of each design you would like at £3.50 each:

Cosy Penguins

Happy Christmas

Snowman Trio

Winter Hedgehog

Donkey Nativity

Round of Robins

Merry Christmas

Special Delivery

(Please note, if cards ordered are out of stock a substitute pack will be sent).

◆ please select the correct postage:

Orders up to £16 : £2.50

Orders up to £48 : £5.50

Orders up to £32 : £4.75

Orders over £48: £7.50

◆ Have your debit/credit card handy in order to make payment.

**TOTAL: £**

(cost of cards and postage).

## 1. Stay at home

This means you must not leave or be outside of your home except for specific purposes. These include:

- ◆ for childcare or education, where this is not provided online
- ◆ for work purposes, where your place of work remains open and where you cannot work from home (including if your job involves working in other people's homes)
- ◆ to exercise outdoors or visit an outdoor public place - with the people you live with, with your support bubble or, when on your own, with 1 person from another household.
- ◆ for any medical concerns, reasons, appointments and emergencies, or to avoid or escape risk of injury or harm - such as domestic abuse
- ◆ shopping for basic necessities, for example food and medicine, which should be as infrequent as possible
- ◆ to visit members of your [support bubble](#) or provide care for vulnerable people, or as a volunteer

This list is not exhaustive and there are other limited circumstances where you may be permitted to leave or be outside of your home. These will be set out in law and further detailed guidance will be provided.

## 2. Staying safe outside the home (Social Distancing)

You should minimise time spent outside your home and when around other people ensure that you are two metres apart from anyone not in your household or [support bubble](#).

**Remember - 'Hands. Face. Space':**

- ◆ **hands – wash your hands regularly and for 20 seconds**
- ◆ **face – wear a face covering in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet**
- ◆ **space – stay 2 metres apart from people you do not live with where possible, or 1 metre with extra precautions in place (such as wearing face coverings or increasing ventilation indoors)**

## 3. Meeting with family and friends

You must not meet socially indoors with family or friends unless they are part of your household - meaning the people you live with - or [support bubble](#).

A [support bubble](#) is where a household with one adult joins with another household. Households in that support bubble can still visit each other, stay overnight, and visit outdoor public places together.

You can exercise or visit outdoor public places with the people you live with, your support bubble, or 1 person from another household.

Outdoor public places include:

- ◆ parks, beaches, countryside,
- ◆ public gardens (whether or not you pay to enter them), allotments
- ◆ playgrounds
- ◆ You cannot meet in a private garden.

[Full Guidance on Government website.](#)



the brain injury association  
hull + east riding

#### About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No 2346893.

**improving life  
after brain injury**

For Newsletter issues please contact Lesley at [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)

If you have any pictures or notices that you feel would be suitable for use in the Newsletter then please send them.

*Any images must be royalty free and shared with the permission of the subjects.*

## Headway HERO Diary



**Whilst we can't have our usual meetings, we CAN get together via ZOOM. It's true you have to provide your own cup of tea and biscuit but it would be nice to see you and have a chat. You need online access with a camera and microphone.**

**ZOOM SOCIAL MEET 1pm on Friday, 20 November, 2020**

**Chat, catch-up AND a Quiz. Click on this link to join in :**

<https://us04web.zoom.us/j/8184565459?pwd=WXRqUHIYRHFLVElvVXQ0SGwrjdjRMZz09> .

**You will be in a "waiting room" until Clarissa invites you to enter.**

**For those of you who don't have internet, we are very happy to hear from you over the phone.**

**Clarissa is also responsible for the postings on our [face book](#) page. We were pleased to hear that you are enjoying these, along with the Newsletter.**

**We hope those of you who are online are enjoying the "Keeping in Touch" emails including suggestions for things to do, word searches etc.**

**The National [helpline](#) will remain open to anyone who requires support or information about brain injury. The team cannot answer medical questions about the virus and won't be able to offer advice on any symptoms related to it, but they can offer reassurance and a friendly voice.**

**Headway [HealthUnlocked](#), is a community for anyone affected by brain injury. It provides you with a chance to connect and share with people who understand brain injury and its effects in a friendly, safe and mutually supportive environment.**

**Headway News Bitesize October 2020 is available on the Headway UK website.**

**Headway News Magazine—Autumn 2020 is now available to read on the Headway UK website.**

Those wonderful Remembrance Poppies at The Tower of London November 2014. What a lot has happened since then.

