



# Headway Hull + East Riding News

Improving life after brain injury

## FLIPPING MARVELLOUS! SHROVE TUESDAY 25 FEBRUARY 2020

National Free Helpline  
**0808 800 2244**



@headwayhero  
@headwayhumber



/headwayhero  
/headwayhumber



**web:**  
headwayhumber.org.uk



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hey@headwayhumber.org.uk



**Local Phone:**  
07395571398

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### LADIES OF HOWDEN METHODIST CHURCH WERE BUSY FOR MORE THAN 2 HOURS, COOKING DELICIOUS PANCAKES

They raised a fabulous **£229.60** which they very kindly donated to us at the Sunday Service on 1<sup>st</sup> March.

VERY APPRECIATIVE DINERS ENJOYED A CHOICE OF SAVOURY FILLINGS BEFORE MOVING ON TO DESSERT..YES... MORE PANCAKES! LEMON & SUGAR or SYRUP; ORANGE & SUGAR or SYRUP CHERRIES & ICECREAM; ALL DELICIOUS!!!

A HUGE THANK YOU TO EVERYONE WHO HELPED OUT BY EATING THE PANCAKES BUT ESPECIALLY TO THOSE WHO WORKED SO HARD ORGANISING THE DAY.



**citizens  
advice**

## Headway Hull and East Riding AGM

**This year's AGM is on Wednesday the 15th of April at the Danish Church, 104 Osborne Street, Hull, HU1 2PN, and will commence at 18:30 (6:30PM).**

The format will be the standard reports from our current Chair and Treasurer, plus consideration of elected posts for the year ahead.

Nominations for all posts should be submitted not later than the 31<sup>st</sup> of March:

via Email to - [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)

Or in writing to - Clarissa Ellerington. Solicitor @ Stamp Jackson & Procter Limited  
5 Parliament St, Hull HU1 2AZ

Where there are no formal nominations for any post a call for suggestions and nominations will be made at the meeting.

### **Agenda:**

#### **Confirm the Minutes of the 2019 AGM.**

Report to Members— Chairman, Treasurer

#### **Election/Confirmation of Officers:**

Chairman, Treasurer

#### **Election/Confirmation of Committee Members and other posts.**

Vice Chairman; Assist Treasurer; Webmaster; Facebook editor; Secretary

Members social support officer; Other Committee Members

#### **Forum to discuss plans for the year ahead, and agree the ambitions for the 2020 / 2021 year.**

This is just to thank all Headway members who have so far completed our **ABI Week survey** *Memory loss: a campaign to remember* (available online at [www.surveymonkey.co.uk/r/FGY6L29](http://www.surveymonkey.co.uk/r/FGY6L29)) We are getting a really strong response so far and are looking forward to sharing the results with you all ahead of ABI Week!

**Tamsin Keyes Publications and Research Manager**

**The University of Hull, Clinical Psychology Doctorate Programme**, Faculty of Health Sciences in the School of Health and Social Work have suggested that our annual talk be moved to their 5th year student stage, which means not presenting one this year.

The new timing makes better sense for them so we eagerly await an agreed new target timescale. We thank Dr Pete Fleming, CPsychol, AFBPsS who continues to act as our senior link.

## Free or discounted will writing service for Headway supporters.

Did you know that 60% of UK adults don't have a will?

A will is the only way to ensure your money, property, possessions and investments (known as your estate) go to the people and charities you care about. For example, if you and your partner aren't married or in a civil partnership, your partner won't have a right to inherit if you don't have a will.

Headway has a list of solicitors who offer free or discounted wills to Headway

supporters. We also offer a home visit solicitor provided will writing service through The Goodwill Partnership at a cost of £125 + VAT.

You don't have to leave Headway a gift in your will to use this scheme, however all gifts, whatever the size, are very welcome.

For more information contact Rachel Broughton, Fundraising Manager on 0115 924 0800 or by emailing [legacy@headway.org.uk](mailto:legacy@headway.org.uk)



## Did You Know...

Headway have a number of merchandise items available via the web page:

<https://shop.headway.org.uk/shop/merchandise/c-24/c-77>

Including Headway blue polo shirt @ £9.25



Headway logo t-shirt @ £6.00



Headway navy blue fleece @ £15.50



Why not give them a visit and see.



the brain injury association  
hull + east riding

### About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers. Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life  
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## Headway HERO Diary.

**Grimsby Evening Meeting and AGM 03/03/2020 @ 5:30 pm - 7:30 pm**  
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

**Coffee Afternoon Hull & East Riding (First Friday in the Month)**  
Friday the **6th of March @ 1:00 pm - 2:30 pm @ The Danish Church, Hull East Yorkshire. HU1 2PN.** (To be followed by the new committee meeting)



**Wednesday the 11th of March (12:00—3:00 pm)**  
**(Second Wednesday in the Month)**

**Muttley's Headway meet up**

Muttley's Bar, 50 Holderness Rd, Hull. HU9 1ED.

A chance to meet up, chat and to share things. Talk to friends and have a laugh.

**Wednesday 18th of March @ The Danish Church, Hull. East Yorkshire.**  
**HU1 2PN**

**Evening Meeting (Third Wednesday of the Month)**

**6: 30pm till 8:30 pm**

Guest presenter with an exciting talk.

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**Look ahead to Other dates for your diary for February**

**Grimsby Evening Meeting:** 07/04/2020 - 5:30 pm - 7:30 pm  
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

**Hull Coffee Afternoon:** 03/04/2020 -1:00 pm - 2:30 pm  
The Danish Church, Hull East Yorkshire (First Friday in the Month)  
(Now followed by Committee meeting)

**Muttley's Lunch:** 08/04/2020 12:00 pm - 3:00 pm  
Muttley's Bar, Hull  
(Second Wednesday in the Month)

**Wednesday 15th of April Evening Meeting with rescheduled AGM**  
**(6:30pm - 8:30 pm)**

The Danish Church, Hull  
East Yorkshire



For news sheet issues please contact Martin at: [hey@headwayhumber.org.uk](mailto:hey@headwayhumber.org.uk)

If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin.

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