March 2020



Headway Hull + East Riding News

Improving life after brain injury

FLIPPING MARVELLOUS! SHROVE TUESDAY 25 FEBRUARY 2020

LADIES OF HOWDEN METHODIST CHURCH WERE BUSY FOR MORE THAN 2 HOURS, COOKING DELICIOUS PANCAKES

They raised a fabulous £229.60 which they very kindly

donated to us at the Sunday Service on 1st March.

National Free Helpline 0808 800 2244



@headwayhero @headwayhumber



/headwayhero /headwayhumber





headwayhumber.org.uk



hey@headwayhumber.



Local Phone: 07395571398

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Flipping Marvellous

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AGM for April 2020 ABI survey University of Hull talk

will writing service Headway merchandise

Diary Dates

A HUGE THANK YOU TO EVERYONE WHO HELPED OUT BY EATING THE PANCAKES BUT ESPECIALLY TO THOSE **WHO** WORKED SO HARD ORGANISING THE DAY.

VERY APPRECIATIVE DINERS

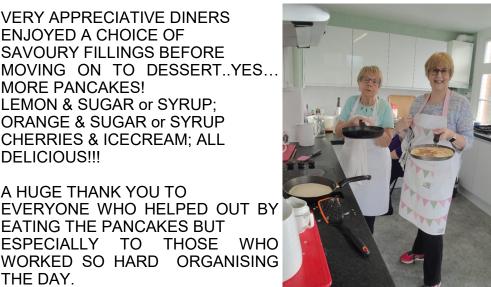
LEMON & SUGAR or SYRUP;

ORANGE & SUGAR or SYRUP CHERRIES & ICECREAM: ALL

ENJOYED A CHOICE OF SAVOURY FILLINGS BEFORE

MORE PANCAKES!

DELICIOUS!!!





citizens advice

Headway Hull and East Riding AGM

This year's AGM is on Wednesday the 15th of April at the Danish Church, 104 Osborne Street, Hull, HU1 2PN, and will commence at 18:30 (6:30PM).

The format will be the standard reports from our current Chair and Treasurer, plus consideration of elected posts for the year ahead.

Nominations for all posts should be submitted not later than the 31st of March:

via Email to - hey@headwayhumber.org.uk

Or in writing to - Clarissa Ellerington. Solicitor @ Stamp Jackson & Procter Limited

5 Parliament St, Hull HU1 2AZ

Where there are no formal nominations for any post a call for suggestions and nominations will be made at the meeting.

Agenda:

Confirm the Minutes of the 2019 AGM.

Report to Members— Chairman, Treasurer

Election/Confirmation of Officers:

Chairman, Treasurer

Election/Confirmation of Committee Members and other posts.

Vice Chairman; Assist Treasurer; Webmaster; Facebook editor; Secretary

Members social support officer; Other Committee Members

Forum to discuss plans for the year ahead, and agree the ambitions for the 2020 / 2021 year.

This is just to thank all Headway members who have so far completed our ABI Week survey Memory loss: a campaign to remember (available online at www.surveymonkey.co.uk/r/FGY6L29) We are getting a really strong response so far and are looking forward to sharing the results with you all ahead of ABI Week!

Tamsin Keyes Publications and Research Manager

The University of Hull, Clinical Psychology Doctorate Programme, Faculty of Health

Sciences in the School of Health and Social Work have suggested that our annual talk be moved to their 5th year student stage, which means not presenting one this year.

The new timing makes better sense for them so we eagerly await an agreed new target timescale. We thank Dr Pete Fleming, CPsychol, AFBPsS who continues to act as our senior link.

Free or discounted will writing service for Headway sup-

porters.

Did you know that 60% of UK adults don't have a will?

A will is the only way to ensure your money, property, possessions and investments (known as your estate) go to the people and charities you care about. For example, if you and your partner aren't married or in a civil partnership, your partner won't have a right to inherit if you don't have a will. Headway has a list of solicitors who offer free or

discounted wills to Headway



supporters. We also offer a home visit solicitor provided will writing service through The Goodwill Partnership at a cost of £125 + VAT.

You don't have to leave Headway a gift in your will to use this scheme, however all gifts, whatever the size, are very welcome.

For more information contact Rachel Broughton, Fundraising Manager on 0115 924 0800 or by emailing legacy@headway.org.uk

Did You Know...

Headway have a number of merchandise items available via the web page:

https://shop.headway.org.uk/shop/merchandise/c-24/c-77

Including Headway blue polo shirt @ £9.25



Headway logo t-shirt @ £6.00



Headway navy blue fleece @ £15.50



Why not give them a visit and see.



the brain injury association hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers. Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life after brain injury



Headway HERO Diary.

<u>Grimsby Evening Meeting and AGM 03/03/2020</u> @ 5:30 pm - 7:30 pm Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Coffee Afternoon Hull & East Riding (First Friday in the Month)
Friday the 6th of March @ 1:00 pm - 2:30 pm @ The Danish Church, Hull East Yorkshire. HU1 2PN. (To be followed by the mew committee meeting)

Wednesday the 11th of March (12:00—3:00 pm) (Second Wednesday in the Month)
Muttley's Headway meet up

Muttley's Bar, 50 Holderness Rd, Hull. HU9 1ED.

A chance to meet up, chat and to share things. Talk to friends and have a laugh.

<u>Wednesday 18th of March</u> @ The Danish Church, Hull. East Yorkshire. HU1 2PN

Evening Meeting (Third Wednesday of the Month) 6: 30pm till 8:30 pm

Guest presenter with an exciting talk.

Look ahead to Other dates for your diary for February

Grimsby Evening Meeting: 07/04/2020 - 5:30 pm - 7:30 pm Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Hull Coffee Afternoon: 03/04/2020 -1:00 pm - 2:30 pm The Danish Church, Hull East Yorkshire (First Friday in the Month)

(Now followed by Committee meeting)

Muttley's Lunch: 08/04/2020 12:00 pm - 3:00 pm

Muttley's Bar, Hull

(Second Wednesday in the Month)

Wednesday 15th of April Evening Meeting with rescheduled AGM

(6:30pm - 8:30 pm The Danish Church, Hull East Yorkshire



For news sheet issues please contact Martin at: hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin.

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