



Headway Hull + East Riding News

Improving life after brain injury

It's beginning to look a lot like Christmas

National Free Helpline
0808 800 2244

Tombola Coletta & Tyson

A huge thank you to Coletta & Tyson Garden Centre for allowing us to host our annual tombola in their store.

We raised an amazing £664.

This will go towards helping us continue to support local brain injury survivors, their families and carers.

Thank you to everyone who came along to show their support, and a big thank you to our key supporters.



@headwayhero
@headwayhumber



/headwayhero
/headwayhumber



web:
headwayhumber.org.uk



email:
hey@headwayhumber.org.uk



Local Phone:
07395571398

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**citizens
advice**

Brain injury and the criminal justice system

Headway's Justice Project aims to raise awareness and improve understanding of brain injury in the criminal justice systems around the UK.

The following studies have revealed a high prevalence rate of brain injury in offending institutions in the UK and around the world, highlighting the need for Headway to take action to ensure there is a greater understanding of brain injury within the UK's criminal justice systems:

Hospitalised Head Injury (HHI) was found in 24.7% (1,080/4,374) of prisoners and was significantly more prevalent than found in the matched general population sample (McMillan et al, 2019)

64% of female offenders at HMP/YOI Drake Hall reported a history indicative of brain injury (The Disabilities Trust, 2019)

The estimated prevalence of TBI in the offender population is 60.25% (Shiroma, Fergyson and Pickelsimer, 2010)

Another study found that over 60% of male offenders reported having had a head injury. 48% reported mild TBIs, 16% had moderate to severe (Williams et al, 2010)

TBI with loss of consciousness was reported by 46% of a sample of young offenders (Williams, Tonks and Mewse, 2010)

A meta-analysis found that 30% of juvenile offenders have sustained a previous brain injury, and that juvenile offenders are more likely to have a TBI compared to controls (Farrer, Frost and Hedges, 2013) - 82% of offenders had a history of at least one TBI; 65% had a history of TBI with a loss of consciousness (Schofield et al, 2006)

The Centre for Mental Health estimates that around 60% of adult offenders (those aged 18+) and 30% of young offenders (those aged under 18) have a history of TBI, often involving multiple injuries which evidence shows to have a cumulative impact (Michael Parsonage, 2016)

In fully adjusted models, men and women who had sustained a TBI were about 2.5 times more likely to be incarcerated than men and women who had not sustained a TBI (Kathryn E. McIsaac et al, 2016)

Fast approaching a new year.

Well this is the last News Sheet for 2019, and in the next issue for January 2020 we will be looking ahead towards the AGM in the spring.

We are still looking for volunteers to support us, and that may be you if you were willing to take on small tasks like—this News Sheet each month, attending committee meetings each month to support tasks and action assignments or basic administration, or even just joining one of our meetings to chat to members.

Help may be needed with activities such as art and crafts, hobbies, and computer skills. The possibilities are endless!

Talk to us about what you can do and I'm sure we will be most pleased to give you the chance to add your efforts to support those who sometimes need help.

The Hull University Teaching Hospitals NHS Trust

The inspirational leaders in our local NHS Trust have a leaflet offering some basic advice following a head injury.

This can be found using the link [HERE](#) if you are able to view this News Sheet electronically or by scanning the logo with a smart device.

If you have any questions do not hesitate to contact a committee member. We are here to support our members, their family and carers

It starts: Introduction

“This advice sheet has been produced to give you information about head injuries in adult patients. It is not meant to replace discussion between you and your doctor. If after reading it, you require further explanation please discuss this with the relevant person who has been caring for you.”

I have no doubts that you will be as impressed as we are.



20th of November meeting

The evening meeting of November held at the Danish Seaman's Church in Hull included finishing off the Christmas wreaths.

With Big thank you to Lesley and Christine for providing the materials and helping our members on the day.

The final wreaths were very effective, and keenly taken away.

Other members engaged in lively debate around the issues of the day. Needless to say, we put the world to rights by the end of the meeting, so all's well now.





the brain injury association
hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers. Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
after brain injury



Headway HERO Diary.

Grimsby Evening Meeting 03/12/2019 @ 5:30 pm - 7:30 pm
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Coffee Afternoon Hull & East Riding (First Friday in the Month)
Friday the 6th of December @ 1:00 pm - 3:00 pm @ The Danish Church, Hull East Yorkshire

Wednesday the 11th of December (12:00—3:00 pm) (Second Wednesday in the Month)

Muttley's Headway meet up

Christmas Dinner Special

(please contact John to book)

Muttley's Bar, 50 Holderness Rd, Hull. HU9 1ED.

A chance to meet up, chat and to share things. Talk to friends and have a laugh.



Wednesday 18th of December @ the Wingfield Farm, Hessle Evening Meeting (Third Wednesday of the Month)

Annual Christmas Dinner 7: 00pm - 9:00 pm (19:00—21:00)

Look ahead to Other dates for your diary for December

Grimsby Evening Meeting: 07/01/2020 - 5:30 pm - 7:30 pm
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Hull Coffee Afternoon: 03/01/2020 -1:00 pm - 3:00 pm
The Danish Church, Hull East Yorkshire (First Friday in the Month)

Muttley's Lunch: 08/01/2020 12:00 pm - 3:00 pm

Muttley's Bar, Hull

(Second Wednesday in the Month)

Wednesday 15th of January

Evening Meeting

(6:30pm - 8:30 pm)

The Danish Church, Hull East Yorkshire



For news sheet issues please contact Martin at: hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin.

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