



Headway

Hull + East Riding News

Improving life after brain injury

Raising the Barriers event success.

National Free Helpline
0808 800 2244



@headwayhero
@headwayhumber



/headwayhero
/headwayhumber



web:
headwayhumber.org.uk



email:
hey@headwayhumber.org.uk



Local Phone:
07395571398

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The planned event entitled Raising the Barriers, was successfully held at the KC Stadium in Hull on the 23rd of October.

A full report with outcomes will be published later this month as a special edition.

After a short video, the event was opened by the highly charismatic Nichola Hughes, with a personal testimony and call for action.

An accompanied video created by her cemented a charged Atmosphere. Ultimately requiring a few seconds to get at least me together before continuing.

The breath-taking delivery was followed by Jacquie Owen, skilfully delivering an awareness on 'Barriers to Hidden Disability That Impact on Rehabilitation'.

Then followed the first table top discussion designed to stimulate cross table discussion and sharing of awareness, and seeking to focus on extracting "Identify at least three things that you currently do well and three things you could do better."

After a very generous lunch, the table seating was mixed up again, and the afternoon started with an informative delivery from Rachel Hoggarth around "Current Rehabilitation Services/Future Strategy".

Dr Clare Mills then delivered an awareness of the services and forward plans for Headway.

The last formal presentation delivered by Lucy Fallon gave a fascinating insight into high standard rehabilitation linking services with a talk on "Creative Approaches to Community Rehabilitation, Constraints & Opportunities".

Nearing the close of the day, we had the second of the two table top discussions. Its focus was on identifying ambitions for changes, and encouraged commitment to act via intent to make change real through a 'mission' for follow up.

From the table top notes and individual pledges, we intend to produce a set of actions which we will support over the next year.



**citizens
advice**

Ministry of Justice deputyship fee refunds scheme launched

A scheme has launched to refund those who may have paid more than they should for some deputyship fees.

If you, or someone you are acting for, was a client of the Office of the Public Guardian (OPG) and paid fees relating to a deputyship between 1 April 2008 and 31 March 2015, then you could be due a refund.

The Ministry of Justice (MOJ) sets OPG's deputyship fees. An MOJ review found that fees did not always match how much it cost for OPG to supervise deputyships between April 2008 and March 2015.

The MoJ says it has improved support and supervision for deputyships and it continues to review the fees. Since 1 April 2015, clients have not been overcharged.

The MoJ has now set up a refund scheme for those who were charged fees that were higher than necessary, to enable people who have been affected to obtain a refund.

The scheme will be run by OPG and does not apply to any fees paid to OPG Scotland, the Office of Care and Protection in Northern Ireland or the Court of Protection.

Existing OPG clients

Current deputies with existing eligible clients will be contacted by OPG and their clients will be automatically refunded. They need take no further action at this stage.

Former OPG clients

If the client's case has now closed and the deputyship ended, then an application will need to be made as the OPG can't automatically refund these eligible cases.

If you, or someone you know, thinks they may be eligible view the news story and scheme guidance on www.gov.uk for more information on the refund scheme, and find details of how to apply. Alternatively go to www.gov.uk and search 'deputyship fee refund'. You can also contact the refund helpline by calling OPG on 0300 456 0300* and selecting option 6, although it's best to apply online if you can. The scheme is open for three years so there's plenty of time to apply.

*Lines are open Monday, Tuesday, Thursday and Friday from 9am to 5pm and Wednesday from 10am to 5pm. Visit <https://www.gov.uk/call-charges> for call charges.

A Big thank you to those who continue to support our work.

Sue and John Kyle can be seen delivering a certificate to Coletta & Tyson Garden Centre.

The next of our highly regarded **tombola fund raisers** will be held there on

Sunday the 17th of November.

Please drop by and have a chat. We would love to see you.



Volunteer

Volunteers are vital to the work of Headway. There are many ways in which you can help us with your time and effort. Below are just a few examples.

Your community needs you at your Local Branch

It could be a few hours a week giving administrative help, helping with activities for those with brain injury, editing this news sheet, participating in the running of the branch at the committee, taking minutes and giving a nudge for actions, or organising outings and events. Help may be needed with activities such as art and crafts, hobbies, and computer skills. The possibilities are endless!

Please contact us via Email: hey@headwayhumber.org.uk —or give our drop into a meeting and introduce yourself.

Headway welcomes findings of Tranexamic Acid study

Headway has welcomed the findings from a study which has shown a drug called Tranexamic Acid (TXA) can reduce the risk of death for those who suffer a mild or moderate traumatic brain injury.

*

TXA helps stop bleeding in and around the brain when blood vessels have been torn. A large international study in *The Lancet* now suggests it improves patient survival rates if given early enough. It cannot undo damage but can stop smaller bleeds becoming worse.

The study, led by the London School of Hygiene & Tropical Medicine, involves patients with isolated brain injury. It showed there was a small difference in outcome for those who had 'mild' and 'moderate' injury who were treated with TXA compared with those who weren't given the drug.

Using complex statistics, it showed that approximately 20 less deaths occur per 1,000 injured TBI individuals if treated with TXA and recommends that ambulance/emergency treatment protocols should be changed to include administering the drug to isolated brain injuries not just patients with multiple injuries.

However, the study states that there is no noticeable benefit in providing TXA to those with severe brain injury and the method used to create the statistics doesn't take into account a number of variables.

Peter McCabe, Chief Executive of Headway, said: "Every three minutes someone in the UK is admitted to hospital with a head injury so it is encouraging to hear the findings of this study and the potential for TXA to help people.

"While this study does not demonstrate lives will be saved following severe brain injury, we know that patients with mild to moderate brain injuries can suffer complications where TXA may be beneficial.



the brain injury association
hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers. Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
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citizens
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Headway HERO Diary.

Grimsby Evening Meeting 05/11/2019 @ 5:30 pm - 7:30 pm
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Coffee Afternoon Hull & East Riding (First Friday in the Month)
Friday the 1st of November @ 1:00 pm - 3:00 pm @ The Danish Church, Hull East Yorkshire

Wednesday the 13th of November (12:00—3:00 pm) (Second Wednesday in the Month)

Muttley's Headway meet up

Muttley's Bar, 50 Holderness Rd, Hull. HU9 1ED.
A chance to meet up, chat and to share things. Talk to friends and have a laugh.



Sunday the 17th of November.

Christmas Tombola @ Colletta & Tyson, Woodmansey, Hull
10:00 am - 4:00 pm
(We would love to see you)

Wednesday 20th of November

Evening Meeting (Third Wednesday of the Month)

6: 30pm - 8:30 pm (18:30—20:30)
The Danish Church, 104 Osborne Street, Hull, HU1 2PN

Look ahead to Other dates for your diary for December

Grimsby Evening Meeting: 03/12/2019 - 5:30 pm - 7:30 pm
Freshney Green Primary Care Centre, Grimsby North East Lincolnshire

Hull Coffee Afternoon: 06/12/2019 -1:00 pm - 3:00 pm
The Danish Church, Hull East Yorkshire (First Friday in the Month)

Muttley's Lunch: 11/12/2019 12:00 pm - 3:00 pm
Muttley's Bar, Hull (Second Wednesday in the Month)

Wednesday 18th of December

Evening Christmas meal

(7: 00pm - 9:00 pm (19:00/21:00))

Wingfield Farm, Boothferry Road, Hessle, HU13 0JL (Just before the Humber Bridge) -



If you want the traditional Christmas Dinner, you will have to book that at the next evening meeting on the 20th of November, otherwise it is the carvery, or standard menu.

Names need to be confirmed at that evening meeting.

For news sheet issues please contact Martin at: hey@headwayhumber.org.uk

If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin.

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