



Headway

Hull + East Riding News

Improving life after brain injury

WELCOME TO 2019

National Free Helpline
0808 800 2244



@headwayhero
@headwayhumber



/headwayhero
/headwayhumber



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Volunteer of the Year

Huge congratulations to Susan Kyle who won the Volunteer of the Year Award sponsored by Anthony Gold Solicitors for her dedication to raising money for Headway Hull and East Riding.

The national awards ceremony, run by Headway UK, celebrates the outstanding achievements and contributions of people with brain injuries and those working to support them.

“Susan is an outstanding woman, with an unwavering dedication to supporting Headway,” said Peter McCabe, Chief Executive of Headway.

“Charities dream of having the support of volunteers like Susan so we are honoured that she has given us so much of her time, especially given her own ongoing health issues.

“Sue’s wit and relentlessly upbeat attitude and have touched Headway services users, staff and volunteers not just in Hull but across the country. She is a truly deserving winner of this award.”



Annual Christmas Meal.

This years annual Christmas meal was again held at the Good Fellowship in Cottingham, where members enjoyed another evening of warm company and friendship.

The meal of a starter, main course carvery and pudding, and as usual lashings of good company and laughter. Maybe we will have some photos for the next issue.

Christmas raffle draw

Headway Hull & East Riding have been selling tickets for a Christmas raffle, and we drew it at our annual Christmas meal at the Good fellowship Inn on 19th . Great food and great company – and some great prizes to boot!

Thanks to all who bought and sold tickets to support the branch. We will confirm the amount raised in next months news sheet.

And the Winners are.....

- Alpine music box – Jill Whitehead (ticket 415)
- Huge monkey – Will Coyle (ticket 251)
- Prosecco – Simon Dixon (ticket 293)
- White wine – Mr J Kemp (ticket 236)
- Tub of heroes – Lin (c/o D Derbyshire) (ticket 916)
- Shortbread – Mrs Kemp (ticket 231)
- Biscuits – Michelle Williamson (ticket 136)
- Toiletries – Adam (ticket 755)
- Candle advent calendar – Jill Whitehead (ticket 420)



Andy with the monkey and prosecco

What You Want.

This news sheet needs to be for you and to reflect both what you want to see and what you want your local Headway Branch to do.

I need you to send me your thoughts, stories and pictures, so that we can make this into a true reflection of what our branch is.

If you receive this because you cannot access the network versions of local and national items, then do we need a page or two every month to reflect that?

Send your thoughts to Martin Dransfield @ St Catherines, Sandholme Road, Gilberdyke East Yorkshire. HU15 2XN or if you can via Email to fraggle57@live.com

Headway launches new film

Headway UK has launched a new film focussing on the experiences of two families affected by brain injury. It explores how they found out about Headway, and the help and support that the charity provided them.

Headway director of communications Luke Griggs said “We want to make sure that everyone who needs us is aware that we’re here to help. We are extremely grateful to Natasha and Paul, and Claire and Lauren for sharing so openly and honestly in the film.”

If you are able to get online then please take a look. It is featured on our website.

Just search “Headway Humber”.

And talking about new things, Headway Hull and East Riding can now launch a locally supported help line, as of the 16th of January 2019.

For many people the National Headway Helpline can give the skilled advice and links that are recognised throughout as being peerless in quality.

Sometimes you may need to talk to somebody locally.

Maybe just to find out the service providers in the East Riding of Yorkshire, maybe so that you can link into the wider community that is Headway HERO.

Whichever is your need, John can give an ear backed by personal experience and local knowledge.

Although we are still bound by the same expectations of what we can or cannot do, the addition of our ability to share personal experience and support may be just what you need.

John’s contact number for Headway Hero is **07395571398**

What you’ve said you like. I’ve not had many notices of what people want from Headway in Hull and the East Riding of Yorkshire, and nothing about your own personal ambitions, hopes and dreams for the year ahead. The few I have had reflect:

“I want to be involved more. Not just being asked but I want to help to make a difference.”

“I always like the bike rides in the summer. I think its good that everybody can get involved, and if the weather is nice its such fun. Great to laugh.”

“We really enjoy the fund raising at Coletta and Tyson’s. They are a great way to meet new people and have raised so much money.”



the brain injury association
hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
after brain injury

citizens
advice

Headway HERO Diary

Wednesday 16th of January

Our Main Evening Meeting 6:00 pm - 8:15 pm

The Danish Church, 104 Osborne Street, Hull, HU1 2PN
Looking at the plans ahead for 2019.



Friday the 1st of February (1:00 — 3:00 pm) Hull Coffee Meeting

Drop in for a coffee and a chat at our monthly informal coffee gathering at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN



Wednesday the 13th of February (12:00—3:00 pm)

Muttley's meet up (non-Headway)

Muttley's Bar, Hull. HU9 1ED.

A chance to meet up, chat and to share things. Talk to friends and have a laugh.

Wednesday 20th of February

Our Main Evening Meeting 6:00 pm - 8:15 pm

The Danish Church, 104 Osborne Street, Hull, HU1 2PN

Friday the 1st of March (1:00 — 3:00 pm)

Hull Coffee Meeting

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Wednesday 20th of March Hull Evening Meeting & AGM

6:00 pm - 8:15 pm

The Danish Church, Hull East Yorkshire

Special thanks to both the Danish Seaman's Church and to Muttley's for their continued support.

For news sheet issues please contact Martin at fraggle57@live.com. If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin. *Any images must be royalty free and shared with the permission of the subjects.*