

Headway

Hull + East Riding News

Improving life after brain injury

OUTSTANDING C&T EVENT

National Free Helpline
0808 800 2244



@headwayhero
@headwayhumber



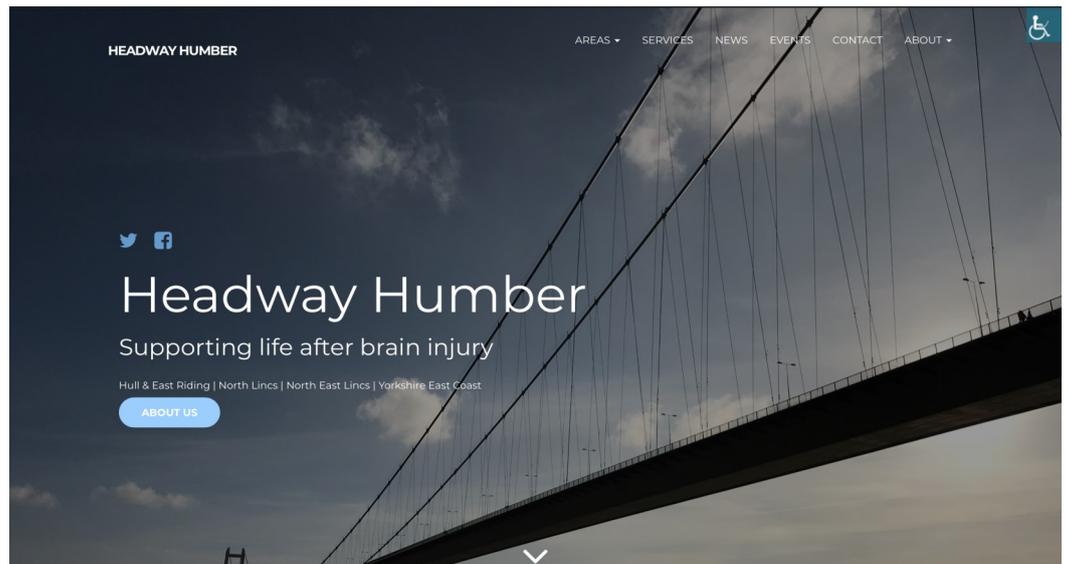
/headwayhero
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Sunday the 26th of November saw a very full turn out in support of another Tombola stand at Coletta & Tyson Garden Centre near Beverley, where we raised a highly credible £533.00.

Yes truly, that much.

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Although some regulars were unable to attend due to work pressures, those that did had a great day, meeting a lot of very nice people and having the chance to chin wag and laugh among ourselves too.

The tables was brimmed full with over 250 items, many of high value, and despite another charity being set up only a few yards from our stand, we finished with just a handful of items to be held over.

One of the great things about the headway group in Hull is the friendships that we build, and when we come together for these fund raising events that becomes self evident.

**citizens
advice**

Susan Kyle heads for the bright lights of LONDON

I imagine that many of you already know but our very own Sue Kyle has been shortlisted for a national award for her dedication to fundraising & volunteering. Sue has raised thousands of pounds for Headway Hull and East Riding, and continues to be a larger than life presence everywhere she goes.

Now she has been named as one of three finalists for Headway - the brain injury association's Volunteer of the Year Award, sponsored by Anthony Gold Solicitors.

Pop over to the national [Headway site](#) to read a full report about her and John.



(photo by Richard Addison, Hull Daily Mail)



This years event is at The Dorchester Hotel celebrating the incredible achievements of people like Sue and John.

Action For Brain Injury Week 2019

Another shout out to: Save the dates!!

Action for Brain Injury Week 2019 will run from 20-26th May 2019. This week of campaigning aims to raise awareness of brain injury, and give a voice to all those affected.

Hats for Headway Day will take place on Friday 24 May, and will provide a fun way for you to get involved and raise money for local Headway services!

The theme has still not been released yet, but keep an eye on our social media pages and website for further information.

You just know there will be a special event for you to join, so keep watching.



"Can you help me please?"

The Headway Helpline.

Tel: 0808 800 2244 | Email: helpline@headway.org.uk

Open 9am - 5pm, Monday to Friday, but you can leave an answerphone message at any time.

Free, confidential service

The Headway helpline is a confidential service available to anyone with a question about brain injury - from survivors and carers to students and professionals. We can discuss a wide range of issues relating to brain injury, from the initial injury and its effects, to long-term rehabilitation and support.

The national service is Nurse-led

Run by a team of trained nurses and non-clinical staff with expertise in supporting people with brain injury, we aim to provide information on all aspects of acquired brain injury including symptoms, rehabilitation and practical problems. We can also send out printed copies of our factsheets, as well as helping you to find your local Headway group or branch. The Headway helpline is a member of the The Helplines Partnership.

Things they can do...

Provide information on all aspects of brain injury

- Give you support by talking through your situation, and try to answer any questions and concerns you may have
- Research more difficult enquiries to try to find information, or relevant places to find it

Give details of local groups & branches

- Signpost to other organisations where their support may be helpful

Send copies of Headway's booklets and factsheets.

Give details of solicitors who can help with compensation claims.

Help you apply for funding through the Headway Emergency Fund, and give details of other possible funding providers if the Emergency Fund can't help.

Things they can't do...

- Give medical advice and diagnoses. If you have any new or worsening symptoms that you need to discuss with a healthcare professional, contact your GP or their out of hours service.
- Recommend particular services, such as rehabilitation centres, doctors or solicitors - although we can give information that will help you to make a choice.
- Take on casework, but we will be able to discuss your situation and help you access appropriate information and support.
- Provide legal advice, although we can signpost to appropriate legal services.
- Give information on children's brain injury. There are a number of organisations who give support relating to child brain injury, see the Useful organisations page for more details.
- Provide a counselling service, although we can spend time talking through your situation and provide a listening ear.

In Hull we recognise that you may need to speak to a person outside of office hours or just to a local contact point, so contact details and service definition for your local contact will be released very soon via this news sheet. So watch this space.



the brain injury association
hull + east riding

About us

Headway HERO is your local branch of Headway, a national charity that provides information and support for brain injured people, their families and carers.

Headway—the brain injury association is a Registered Charity No 1025852 and a company limited by guarantee. Registered in England No. 2346893.

improving life
after brain injury



Headway HERO Diary

Friday 7th December 2018 (1—3pm)

Hull Coffee Meeting

Drop in for a coffee and a chat at our monthly informal coffee gathering at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN



Wednesday the 12th of December 2018 (1:00—3:00 pm)

Muttley's meet up (non-Headway)

Muttley's Bar, Hull. HU9 1ED.

A chance to meet up and chat, with today's gathering having a Christmas menu for £5.00 kindly provided by our hosts



Wednesday 19th December 2018

Christmas meal

Make sure you come along to our Christmas meal at the Good fellowship Inn, Cottingham Road, Hull, HU5 4AT. Last year's meal was fantastic so if you haven't already booked for this year, then you need to get in touch super quick.

Friday 4th January 2019 (1—3pm)

Hull Coffee Meeting

Drop in for a coffee and a chat at our monthly informal coffee gathering at the Danish Seaman's Church, 104 Osborne Street, Hull, HU1 2PN



Wednesday the 9th of January 2019 (1:00—3:00 pm)

Muttley's meet up (non-Headway)

Muttley's Bar, Hull. HU9 1ED.

Your chance to get back together and gossip about all the exciting things that have happened over the Christmas and new year. As usual there will be committee members available to help with any questions that you may have.

Wednesday the 16th of January 2019 (6:00—8:15 pm)

Hull Evening Meeting

Main monthly meeting of Headway Hull.

The Danish Church, 104 Osborne Street, Hull, HU1 2PN

For news sheet issues please contact Martin at fraggle57@live.com. If you have any pictures or notices that you feel would be suitable for use in this news sheet, then please send them to Martin. *Any images must be royalty free and shared with the permission of the subjects.*