



the brain injury association

# Headway

Improving life after  
brain injury

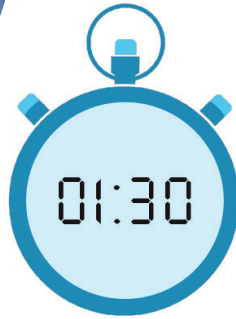


[headway.org.uk](http://headway.org.uk)

We all think 'it will never happen to me', but each year around 350,000 people in the UK are admitted to hospital with an acquired brain injury.

## That's one every 90 seconds.

The effects of brain injury can be devastating, whether the result of a trauma, stroke, tumour, loss of oxygen, haemorrhage or infection. Our brains control everything we do, think and feel, so an injury of any form can impact every aspect of our lives.



## A brain injury can strike anyone, at any time. When it does, we're here to help.

Headway works to improve life after brain injury, helping people to relearn lost skills and regain a degree of independence.

We also support families and carers, recognising that brain injury affects more than just the individual.

We do this through the provision of a range of frontline services that are available at every stage of the journey – from supporting families at the bedside through to helping people rebuild their lives.

## We know that with the right help, at the right time, there can be life after brain injury.



## How we help

- Our **freephone nurse-led helpline** (0808 800 2244; [helpline@headway.org.uk](mailto:helpline@headway.org.uk)) is available Monday to Friday, 9am to 5pm, to provide support and information to anyone affected by brain injury.
- Our **network of more than 125 groups and branches** across the UK provides physical, cognitive and social rehabilitation and support to individuals and families.
- Our award-winning range of free-to-access **publications** helps people understand and adapt to life after brain injury.
- Our **Emergency Fund** helps families cope with the financial implications of sudden catastrophic brain injury.

### Headway Acute Trauma Support (HATS) nurses

- support families whose loved ones are in the acute stage of care following brain injury.

**Acute support when brain injury strikes**



Our **Approved Provider** scheme helps families and

- commissioners identify specialist rehabilitation and care units that cater for people with ABI.

Our **Head Injury Solicitors Directory** helps individuals

- and families seek legal representation from solicitors with detailed knowledge and understanding of brain injury.



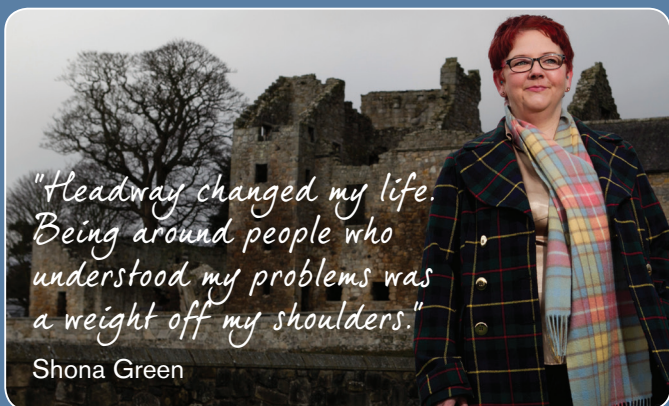
- **Brain Injury Identity Cards** help identify brain injury survivors and provide them with added confidence in navigating everyday social scenarios.

# Headway

## – improving life after brain injury

For more information about brain injury or the support available, visit **[www.headway.org.uk](http://www.headway.org.uk)** or call the nurse-led helpline on **0808 800 2244**.

For general enquiries, call 0115 924 0800 or email [enquiries@headway.org.uk](mailto:enquiries@headway.org.uk).



## headway.org.uk

Headway - the brain injury association is registered with the Charity Commission for England and Wales (Charity No 1025852) and the Office of the Scottish Charity Regulator (Charity No SC 039992). Headway - the brain injury association is a company limited by guarantee. Registered in England No. 2346893

### ADVERTISEMENT

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Burdon  
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#### Specialist Brain Injury Solicitors

Committed to helping you rebuild your life



For expert advice please contact:

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